

Eastern Kentucky University's  
Annual Social Science Undergraduate

# Research Symposium

*Thursday, April 22nd, 8 AM-12 PM*

*Online Event ( **Zoom** invites below )*



**Environment, Health, and  
Justice in Appalachia**



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## Mental and Behavioral Health - 8-8:55 AM

Student Presider: Brooke Jenkins

Faculty Discussant: Dr. Alison Buck

1. *Employment and Happiness*- Brooke Jenkins
2. *The Influence of Personality on Relationship Satisfaction and Memory*- Mahala Saylor and Dr. Adam Lawson
3. *A Qualitative Analysis of Parent Perspectives on Patient-Centered Care in a Collaborative Care Model*- Alcess Nonot, Julia George-Jones, Catherine Esperanza, Dr. Erin Rodriguez, and Dr. Lauren Gulbas
4. *Social Media Usage and Effects on Mental Health*- Amber Clark

[https://eku.zoom.us/j/93423707529?  
pwd=RGNpY3UxRWZIR0ZtWVNuWkNmZGRhQT09](https://eku.zoom.us/j/93423707529?pwd=RGNpY3UxRWZIR0ZtWVNuWkNmZGRhQT09)  
Passcode, if prompted: **159900**

## Physical Health and Wellness 8-8:55 AM

Presider: Dr. Richard Osbaldiston

1. *Effectiveness of Scientific Weight Loss Studies*- Dr. Richard Osbaldiston, Olivia Ballard, Samuel Bullock, Cassandra Williams, and Christine Salleng
2. *Fast or Slow: Which Is Better for Tilting the Scale?* - Olivia Ballard
3. *More than an Apple a Day: Attempting to Explain the Physician Rates of Kentucky Counties via Linear Regression Analysis* - Kobe Perry and Dr. James Maples.
4. *The Effectiveness of Weight Loss Studies: A Meta-Analysis* - Samuel Bullock
5. *Understanding the Barriers to Substance Abuse Treatment in Rural Kentucky: College Students' Perspective* -J. Catherine Taylor

[https://eku.zoom.us/j/95294577125?  
pwd=TzFhNGhsZkxhNjdiSktxVEo0NzVjdz09](https://eku.zoom.us/j/95294577125?pwd=TzFhNGhsZkxhNjdiSktxVEo0NzVjdz09)  
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## Media and Technology 8-8:55 AM

Student Presider: Mary Boujaoude

Faculty Discussant: Dr. Paul Paolucci

1. *How Does Machine Voice Influence Effort and Recall?* - Thomas W. Morris, Hung-Tao M. Chen, Katelyn McClure, and Jatana Boggs
2. *Are YouTube Pranksters Going Too Far to Make a Dime? Breaking and Pushing Social Norms for Profit* - Sean Lorichon
3. *The Relationship Between Social Media and Social Change* - Lakin Waszil
4. *Is Ignorance Truly Bliss? The Effects of Coronavirus (COVID-19) News Consumption on Emotional Health* - Mary Boujaoude

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[pwd=RFlxODRuRHJaaFM3MERiWEIvRW91UT09](https://eku.zoom.us/j/95530538172?pwd=RFlxODRuRHJaaFM3MERiWEIvRW91UT09)

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## Social Inequality and Marginalized Groups 8-8:55 AM

Presider: Dr. Beth Underwood

1. *"Foreign" Language in the United States: Examining Motivation, Systemic Attitudes, Xenophobia, and Foreign Language Anxiety* - Olivia Jennings and Dr. José Juan Gómez-Becerra
2. *Social Movements influence in Rural Areas* - Maya Johnson
3. *Children in Poverty* - Lashanna Perry
4. *Child Abuse and the Changes Through History* - Hunter Carter
5. *EKU and the Deaf Community* - Renae Weast

<https://eku.zoom.us/j/96141696729?>

[pwd=WGFoRlRkCUluMWZkY0RWYzNMZWxlQT09](https://eku.zoom.us/j/96141696729?pwd=WGFoRlRkCUluMWZkY0RWYzNMZWxlQT09)

Password, if prompted: **681896**

## Academic Performance 9-9:55 AM

Presider: Dr. Paul Paolucci

1. *The Impact of Extracurricular Activities on Grade Point Average* - Lindsey Wilkins
2. *Student Health and Their Academic Performance* - Alicja Minczuk
3. *The Relationship Between Being Known by School Personnel and School Connectedness, GPA, and Well-Being* - Rachael Amelia Stevens
4. *EKU Psychology Department : Student's Goals* - Tajana Graves and Lauren Gunterman

[https://eku.zoom.us/j/96064652485?  
pwd=MGEzMkVMblBET3YwRy9FaXdCa0JQQT09](https://eku.zoom.us/j/96064652485?pwd=MGEzMkVMblBET3YwRy9FaXdCa0JQQT09)  
Passcode, if prompted: **158412**

## Community and the Environment 9-9:55 AM

Student Presider: Mora Rehm

Faculty Discussant: Dr. James Maples

1. *Environment and Quality of Life*- Bailey Harder
2. *Trail Town Visitor Economic Expenditures on Kentucky's Sheltoewe Trace*- Dr. James Maples, Michael J. Bradley, Jason Ray, and Alexandra Miller
3. *Mountain Top Removal and Its Effects on the Appalachian Region*- Andrew Jefferson
4. *Crime Rate in Florida: How Does Being on the Coast (or not on the Coast) Affect That?*- Tucker Schroeder
5. *Libraries as Community: Investigating Social Infrastructure and Community Cohesion*- Mora N. Rehm

[https://eku.zoom.us/j/93903773703?  
pwd=V3VsUnBNZ3hzbm5FbktNdzZXNm0xQT09](https://eku.zoom.us/j/93903773703?pwd=V3VsUnBNZ3hzbm5FbktNdzZXNm0xQT09)  
Passcode, if prompted: **824669**

## Gender 9-9:55 AM

Student Presider: Santana Adams

Faculty Discussant: Dr. Alison Buck

1. *Bridging the Gap: A Study on Gender Equality* - Zoie Webb
2. *Demographics and Perceptions on Abortion and Contraceptives*- Jordan Gatewood
3. *Gender Stereotypes*- Megan Hill
4. *Demeter's Resilience: Exploring the Farming Experience of Appalachia's Female Farmers in the Age of Climate Change* - Lindsay Windland

[https://eku.zoom.us/j/96530734263?  
pwd=VGJQWm5tSFhzTklyZDRxb2Fwb1h3Zz09](https://eku.zoom.us/j/96530734263?pwd=VGJQWm5tSFhzTklyZDRxb2Fwb1h3Zz09)  
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## Social Science Research on COVID- 9-9:55 AM

Presider: Dr. Amanda Green

1. *COVID-19 Impacts on Processing Speed* - Shannon Ackerman and Dr. Adam Lawson
2. *College, Covid, and Life on Hiatus* - Rose Johnson
3. *"Usually Food Comes Last": An Ethnography of Student Food Insecurity at EKU* - Dr. Amanda Green, Breanna Bowling, and Alisha Rhymer
4. *Student Outcomes Post Pandemic* - James Seaman

[https://eku.zoom.us/j/99955348007?  
pwd=emR0ekwvMCtTWWpVZzZqOU1NbURVUT09](https://eku.zoom.us/j/99955348007?pwd=emR0ekwvMCtTWWpVZzZqOU1NbURVUT09)  
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**Keynote 1: Katherine Morris - Resistance: A Story of Appalachia 10-10:55 AM**


*Dr. Morris will discuss how she got involved with the environmental movement and resistance in Appalachia, focusing on her involvement with Appalachia Rising.*

[https://eku.zoom.us/j/96446364830?](https://eku.zoom.us/j/96446364830?pwd=Vm9LS3ZGcmpzTkQyT0dieWtTMTN6UT09)  
[pwd=Vm9LS3ZGcmpzTkQyT0dieWtTMTN6UT09](https://eku.zoom.us/j/96446364830?pwd=Vm9LS3ZGcmpzTkQyT0dieWtTMTN6UT09)  
Passcode, if prompted: **889627**

**Keynote 2: Panel Talk by Representatives from Berea's Strategic Initiatives 11AM - 12PM**

*Teri Thompson, the Vice President for Strategic Initiatives at Berea College, and representatives from Partners for Education, the Brushy Fork Institute, and Grow Appalachia will talk about the vital work these initiatives do in the region.*

[https://eku.zoom.us/j/99726184626?](https://eku.zoom.us/j/99726184626?pwd=Z3hjTm5Rd2p3OGhxejEzUFZBMFV5UT09)  
[pwd=Z3hjTm5Rd2p3OGhxejEzUFZBMFV5UT09](https://eku.zoom.us/j/99726184626?pwd=Z3hjTm5Rd2p3OGhxejEzUFZBMFV5UT09)  
Passcode, if prompted: **314446**



## Important Notes for Presenters

### **Should I show up early for my session?**

Yes! Please be on your Zoom link at least ten minutes prior to the start of your session. When you arrive, introduce yourself to the presider.

### **How long should my talk be?**

For presentation sessions, talks should run no more than 10 minutes. Each session has 55 minutes, which leaves time for questions at the end.

### **Can I attend other sessions when I'm not presenting?**

Yes, and please do! Support your fellow students while they present and hop onto their Zoom link!

### **What if something happens and I cannot make my session?**

Don't panic. Please email Dr. Buck at [alison.buck@eku.edu](mailto:alison.buck@eku.edu)



## Tips on Presenting at Conferences for the First Time

**Build your presentation within time constraints:** Ensuring your timing is right is so important when presenting for a conference. If you have ten minutes to present, prepare ten minutes of material. No more. If you don't practice your timing, you may not get a chance to highlight your findings and recommendations – the most important part. And if you are running out of time, stop. Jump past a couple of slides if you need to make one last point.

**Rehearse your presentation:** Rehearsing is crucial to making you feel comfortable with every word you are going to say. Rehearse your paper aloud in private and in front of a friend. This can feel a bit embarrassing, but reading it through in your head never corresponds to the time it takes to read it aloud in public. The more times you say the words aloud, the more you will be familiar with it. And if you are familiar with what you're saying, your confidence in your conference presentation will increase.

**Start confidently:** How you begin your presentation matters a great deal. You will have to gain the audience's confidence and attention within the first 10-20 seconds of your session. Begin with a quick introduction about yourself as this will help establish your credibility. Make sure you prepare for this in advance.

Carefully select a few highlights and be ready with a brief self-introduction. Here's an example: "Good morning everybody! My name is Tom Smith. I am a post graduate in medicine from the University of Michigan, New York and I have spent the past five years working at the Department of Internal Medicine, JJ Hospital. Today, I am going to present a paper titled ...."

**Encourage questions and discussions:** If you don't understand a question, you could ask for it to be rephrased. Don't worry if you don't know the answer to one or two questions: you can thank the person for raising it, saying that you have not explored this angle, but will definitely think about it. If there are no questions, you can give a cue by pointing out a weakness of the paper. However, don't be too bothered if there aren't any questions even after you've asked a few times.

### **Tips compiled from:**

*How to Prepare an Oral Research Presentation:* <https://www.youtube.com/watch?v=LzIJFD-ddoI> **11 Tips for Presenting at a Conference:** <https://www.exordo.com/blog/presenting-at-a-conference/>  
**8 Tips for Presenting a Paper at an Academic Conference:** <https://www.editage.com/insights/8-tips-for-presenting-a-paper-at-an-academic-conference>

Are you curious about **politics**, the **environment**, **immigration**, the **opioid epidemic** or other **current topics** and want to learn more? Have some general education courses still missing for graduation?

Take one of our introductory level general education courses!

**Introductory Sociology (soc 131)**  
**Sexualities and Social Issues (soc 205)**  
**Social Problems (soc 235)**

**131 and 235 fulfill gen ed 5b and 205 fulfills gen ed 6!**

In Sociology you will learn about:

- Community and Family
- Crime, Drugs, and Deviance
- Power and Politics
- Immigration and Culture
- The Mass Media
- Religion
- Human Sexuality
- Environmental Issues
- Race and Gender
- Poverty and the Wealth Gap
- And much, much more!!



Sociology is a vital area of study if you want to learn more about how society influences you and other people. Sociology explores why people make certain choices and how we can make desirable changes in our society.

**Sign Up Now!**

### Interested in Sociology as a major???

Sociology has a clear and direct path to graduation. Our courses are offered on predictable schedules, too, so there are no surprises on the way to the graduation stage.

#### Sociology Program Requirements: 30 hours

- Take SOC 131 – Introductory Sociology (3)
- Take SOC 232 – Social Statistics (3)
- Take SOC 395 - Research Methods (3) (Fall only)
- Take SOC 462 – Sociological Theory (3) (Fall only)
- Take SOC 470 – Seminar in Sociology (3) (Spring only)
- Take five additional upper division sociology courses. Four of the five must be an upper division (300 and above) course.

Sociology is also a great second major! Nearly every major on campus has 30+ free electives that make completing a second major in sociology a breeze without delaying graduation

### Interested in Sociology as a minor???

Sociology is a perfect minor to pair with any major and adds vital knowledge to your degree!

#### Sociology minor requirements:

- Take SOC 131 – Introductory Sociology (3)
- Take five more sociology courses of your choice! Four of the five must be upper division (300 and above) courses.

**Talk to your professor today for more information!**